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Sunday 11th October 2020

**Advice for Child to Self-Isolate for 14 Days - CLASS ONE (Reception, Year 1 and Year 2)**

Dear Parent,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school.

We have followed the national guidance and have identified that the children and adults in **Class 1** have been in close contact with the affected individual.

In line with the national guidance we recommend that all Class 1 (Reception, Year 1 and Year 2) children now stay at home and self-isolate until and including 21.10.20 (14 days after last contact). All being well, we intend to welcome all the Class 1 children back to school after half term on Monday 2nd of November. There is some information attached to this letter regarding isolation. The guidance states that if your child doesn't have symptoms, their siblings can still go to school.

Mrs Newman will upload learning activities for the week for Class 1 to Google Classroom. These will be ready to use on Tuesday 13th October. If you do not know your child's Google Classroom log-in, please e-mail or phone us tomorrow. If you would like some work in the meantime, the children can complete their homework set by Mrs Newman. As with the previous school closure, the most important thing over the coming days is the happiness and well-being of you and your family.

We have conducted a thorough risk assessment with Wiltshire Council Public Health team and we have been advised that **pre-school and Class 2 children should continue coming to school/pre-school as normal.**

Whilst I fully understand this will cause anxiety amongst the community, I can assure you all necessary steps are being taken to minimise any risk to others, to cause the least disruption possible and to support those affected.

I will be available for phone calls tomorrow morning, so please do not hesitate to ring if you have any questions or concerns. Most questions should be answered in the information overleaf and in the attached documents.

Best Wishes,

Mr Cook

Headteacher

## **Further Guidance**

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person.

***(NB: Please note that in the guidance below it states that you will be contacted by Test and Trace - in this case, this will not happen because we are contacting you directly)***

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

## **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

### **For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze

- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>